



Citrus Salad

A light, colorful and refreshing salad, perfect for any time of year.

Dressing

2 tablespoons agave syrup
1½ tablespoons lime or lemon juice
½ teaspoon cayenne pepper
1 teaspoon Himalayan sea salt

Directions: Mix all ingredients together in a bowl. Taste for balance of flavors and adjust proportions to suit your preference. Set aside.

Salad

2 oranges
1 grapefruit
½ cup coarsely chopped arugula
1 shallot
1 tablespoon coarsely chopped mint leaves
2 tablespoons pine nuts

Directions: Peel citrus and break into sections; remove membranes if desired. Peel shallot and slice thinly. Transfer citrus and shallot to bowl. Add arugula and mint. Add dressing, toss gently and enjoy!